

1.Fold a piece of paper in two.

2. Draw your bird outline on one side of



paper.



3.Cut out the bird! Before cutting make sure that the part between the 2 wings is not cut.

4. Colour the empty space between the wings black on the





5. Start colouring the bird the way you like. Don't forget to colour both sides. 6. Inside the bird write your name, age, city, country. Write your message of solidarity with your family, your friends or to the whole world.